

Healthy Living with Chronic Conditions Class Schedule (CDSMP)

2009				
Location	Day	Dates	Time	Contact Person
Calvin Smith Library 810 E 3300 S	Wednesday	February 4 – March 11	6:00pm – 8:30pm	Healthy Aging Program 801-468-2772
Autumn Glow Senior Activity Center 81 East Center Street, Kaysville	Thursday	February 5 – March 12	1:00pm – 3:30pm	Contact person: Nicole Harvey 801-451-3515
Heritage Senior Activity Center 140 East Center Street, Clearfield	Thursday	February 5 – March 12	1:00pm – 3:30pm	Contact person: Nicole Harvey 801-451-3515
Golden Years Senior Activity Center 726 South 100 East, Bountiful	Friday	February 6 – March 13	1:00pm – 3:30pm	Contact person: Nicole Harvey 801-451-3515
Gerald Wright Apt (not open to public)	Thursday	March 5 – April 9	1:30pm – 4:00pm	Healthy Aging Program 801-468-2772
Centerville Clinic 26 S Main St, Centerville	Thursday	April 2 – May 7	5:00pm – 7:30pm	U of U Clinics Judi 801-587-6658
Hunter 20 th Ward 7052 Lockness Drive	Thursday	April 2 – May 7	10:00am – 12:30pm	Healthy Aging Program 801-468-2772
Stansbury Clinic 220 Millpond Road #100	Monday	April 6 – May 11	3-5:30pm	U of U Clinics Judi 801-587-6658
South Jordan Clinic 1091 West South Jordan Parkway, #500	Monday	April 6 – May 11	3-5:30pm	U of U Clinics Judi 801-587-6658
Mt. Olympus Sr Center 1635 E Murrery, Holladay Rd.	Thursday	May 14 – June 18	9:30am – 12:00pm	Healthy Aging Program 801-468-2772
Parkway Clinic 145 W Univ Parkway, Orem	Monday	May 25-June29	5-7:30pm	U of U Clinics Judi 801-587-6658
Stansbury Clinic 220 Millpond Road #100	Thursday	May 28-July 2	3-5:30pm	U of U Clinics Judi 801-587-6658
South Jordan Clinic 1091 West South Jordan Parkway, #500	Thursday	May 28-July 2	1-3:30pm	U of U Clinics Judi 801-587-6658
Redstone Clinic 1743 W Resdtone Center Dr, Ste 115,	Monday	July 6-Aug 10	5-7:30pm	U of U Clinics Judi 801-587-6658

Check back periodically for an updated list of classes www.health.utah.gov/arthritis or 801-538-9340